Do I Have Genetic-Sucrase-Isomaltase Deficiency (GSID)?

This checklist will help you, or someone you know, to distinguish GSID from other gastrointestinal disorders. Be sure to share this document with your doctor. *Only your doctor can order the breath test.

1. Have you been diagnosed with any of the following disorders or diseases, but have not adequately responded to treatment?
   - Lactose Intolerance
   - Irritable Bowel Syndrome (IBS)
   - Celiac Disease
   - Small Intestinal Bacterial Overgrowth (SIBO)
   - Pancreatic Insufficiency
   - Crohn’s Disease, Ulcerative Colitis or Inflammatory Bowel Disease (IBD)
   - Viral or Bacterial Gastroenteritis
   - Parasitic Diarrhea
   - Milk Protein Intolerance
   - Fructose Malabsorption
   - None of the above

2. Have you had loose stools or diarrhea more than two times per week for many months or years?
   - YES
   - NO

   NOTES: ____________________________________________________________

3. Have you had abdominal pain, excessive gas, bloating, or cramping more than two times per week for many months or years?
   - YES
   - NO

   NOTES: ____________________________________________________________

4. Do you have these digestive symptoms after you eat?
   - YES
   - NO

   NOTES: ____________________________________________________________

5. Do you have abdominal pain, excessive gas, bloating, or cramping after you eat sweet or sugary foods such as candy or desserts?
   - YES
   - NO

   NOTES: ____________________________________________________________

For Your Healthcare Provider

The following is to provide you with information about a disease called Genetic Sucrase-Isomaltase Deficiency (GSID). Your patient has taken a short quiz that suggests there is a possibility that he or she may have GSID. Below you will find a brief discussion about the disease and information about the FREE test that may aid in the diagnosis of GSID.

What is GSID?

Genetic Sucrase-Isomaltase Deficiency (GSID), also known as Congenital Sucrase-Isomaltase Deficiency (CSID), is a disorder that causes a reduction of the enzyme activity needed to break down and absorb table sugar (sucrose) and other sugars from starch.

Symptoms of Genetic Sucrase-Isomaltase Deficiency include:
- chronic, watery diarrhea
- gassiness
- bloating
- abdominal pain
- constipation
- nausea
- loose stools

The symptoms can vary from mild to severe. Infants, children, and adults can suffer from the disease. Diagnosing GSID can be difficult because the symptoms are similar to several other more common gastrointestinal disorders including toddler’s diarrhea, IBS-D, celiac disease or lactose intolerance.

FREE Sucrose Intolerance Breath Test

- The test is noninvasive, short in duration, and capable of being administered by the patients at home.
- Patients follow the simple test instructions included in each kit and ship the test kit back via a pre-paid shipping label. Test results are provided to the physician’s office within 24 hours of receiving the test kit.
- Patients with sucrase deficiency may experience symptoms due to the large consumption of sucrose.
- A healthcare professional can order the test by faxing the attached form or by calling 1-888-871-1589.

# Lab Test Requisition

## Sucrose Breath Test

### 1. Healthcare Provider Information

**Clinician information:**
Doctor or healthcare provider must fill out this information.

<table>
<thead>
<tr>
<th>First:</th>
<th>Last:</th>
<th>NPI#:</th>
</tr>
</thead>
</table>

**Office Phone:**

**Office Fax:**

**Address:**

<table>
<thead>
<tr>
<th>City:</th>
<th>State:</th>
<th>Zip:</th>
</tr>
</thead>
</table>

**Signature:**

**Date:**

**IMPORTANT:**
ONLY A HEALTHCARE PROVIDER CAN ORDER THIS TEST

---

## 2. Patient Information

**Patient information:**
Patient must fill out this information.

<table>
<thead>
<tr>
<th>First:</th>
<th>Last:</th>
<th>Date of Birth:</th>
<th>Gender (Optional):</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Home Phone:</th>
<th>Work Phone:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Cell Phone:</th>
<th>Email:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Address:</th>
<th>City:</th>
<th>State:</th>
<th>Zip:</th>
</tr>
</thead>
</table>

---

**Aerodiagnostics LLC™**

Lisa M. Cohen, M.D. Laboratory Director • One Cranberry Hill, Suite 304, Lexington MA 02421

---

THIS TEST IS NO COST TO THE PATIENT