



## It's not what you look at that matters; it's what you see

### **Congenital Sucrose-Isomaltase Deficiency (CSID)**

is a disorder that causes a reduction of the enzyme activity needed to break down and absorb table sugar (sucrose) and other sugars that come from starch.

### **CSID may include any or all of the following symptoms:**

chronic, watery diarrhea, gassiness, bloating, abdominal pain, and constipation. Symptoms can vary from mild to severe. Infants, children, and adults are all susceptible.

**Diagnosing CSID** can be difficult because the symptoms are similar to several other, more common gastrointestinal disorders, including toddler's diarrhea, IBS-D, celiac disease, or lactose intolerance.

**Only your doctor can diagnose you.** Bring this information to your doctor and ask...

**“Do you see it?”**

Call: 1-888-871-1589 • Email: [info@sucroseintolerance.com](mailto:info@sucroseintolerance.com) • Visit: [sucroseintolerance.com](http://sucroseintolerance.com)

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